

Higher Diploma in

FOOD HEALTH



BUSINESS
MANAGEMENT

食品健康及
商業管理學高級文憑

2025-26

獲政府資助學費

SSSDP

GOVERNMENT SUBSIDY



Higher Diploma in FOOD HEALTH & BUSINESS MANAGEMENT

Application Code 報名編號：HDFHBM

Duration 修讀年期：2 years 兩年

食品健康及商業管理學高級文憑



資歷架構
Qualifications
Framework

QF Level 資歷架構級別：4

QR Registration No. 資歷名冊登記號碼：13/000649/L4

Validity Period 有效期：16/10/2013 to ongoing 16/10/2013 至 登記持續有效

Successful completion of this programme leads to an award within The University of Hong Kong system through HKU SPACE

學生成功修畢課程，均按香港大學體制，經香港大學專業進修學院頒授副學位

Public awareness of the importance of health is increasing. People are now concerned more about the quality of their diets in relation to good health. Modern diets have moved forward from nutrient adequacy to preventive nutrition. There is a global trend towards healthy eating and consuming dietary supplements, and functional foods for health and disease. This trend has resulted in a higher demand for the food industry and nutraceutical business to market more reliable, effective and trustworthy products, which in turn has created a need for graduates who are specialised in both food studies and health management. There are many opportunities for well-trained food professionals with relevant background in health management to be employed by the food and health industries.

隨著大眾日益關注健康飲食，現代膳食不單要顧及營養需求，更注重食品中含有其他功效，如預防疾病及提升健康狀況等。因此，消費者對創新健康產品、營養補充品及功能食品的需求愈來愈大。這亦促使相關行業近年應運而生並蓬勃發展，製造不少商機之餘，亦為合適的專門人才提供更多的就業機會。本課程為學生提供健康管理、食品科學與營養學等學術理論及專業技術知識，配以商業管理應用的專門訓練，為將來投身食物及健康食品行業作最佳準備。

PROGRAMME AIMS AND FEATURES

課程目標及特點

- Equips students with the knowledge underpinning food science, nutrition and business management, as well as the skills needed to work in the fast moving and competitive food industry and health food business;
- This programme is unique in its interdisciplinary approach by integrating new topics such as diet and health, new food product development, functional foods and nutritional supplements;
- This programme emphasises on practicality and provides an integrated curriculum that blends different applied aspects of food science into the curriculum. Practical classes are held in a well-equipped food and nutrition laboratory;
- In addition to formal classes, learning experiences outside the classroom such as practicum and site visits to local or overseas catering companies and food factories will be arranged. Students can therefore be better prepared for their careers upon graduation;
- Guest seminars will be arranged for academic progression and career advancement. Local and overseas scholars or food and nutrition practitioners will be invited as speakers to provide useful information about studies pathways, work experiences and career preparation;
- Each student will carry out an integrated food research and development project in the final year. Through practice, students will be able to master the key elements of food development planning and perform innovative food research to a professional standard.
- 本課程全面涵蓋食物行業、健康食品業及營養補充品業相關的學科知識，如食物化學、食品科技與安全管理和營養學等，又輔以商業管理的專門學科，完全切合瞬息萬變及競爭激烈的食品行業及健康食品市場；
- 加入特別剪裁的課題，如飲食與健康及疾病、創新食品研究、功能食品與營養產品發展等。課程設計讓同學充分掌握食品商業的各個領域、理念和實際運作；
- 課程著重實用性，有系統地教授學生食品科學的應用，書院提供設備完善的食物及營養學實驗室，讓同學實踐書本知識；
- 課堂以外，安排學生到一些食物及營養相關的機構進行工作體驗，或參觀本地或海外膳食公司及食品製造廠，使學生了解行業工作情況，為日後投身社會作好準備；
- 安排一系列學術及職業講座，嘉賓講者包括本地及海外學者、食品及營養業界的專業人士以及業界代表。而講座內容包括海外進修、工作經驗分享及就業準備等；
- 每位同學均會進行一項食品創新發展的研究，作為最後學年的綜合項目。透過實踐所學，掌握食品發展的策劃要項，設計達專業水平的創新食品研究。



PROGRAMME STRUCTURE

課程結構

Higher Diploma Year 1

高級文憑一年級

- Introduction to Academic English 學術英語入門
- English for Academic Purposes I 學術英語 (一)
- Elementary Statistics 基礎統計學
- Information Technology Fundamentals 資訊科技概論
- Introduction to Food and Nutrition 食品與營養入門
- The Science and Technology of Food 食品科學與科技
- Introduction to Food and Beverage Management 餐飲業管理導論
- Introductory Financial Accounting 會計學概論
- Principles of Marketing 市場學原理
- Applied Chemistry for Food Sciences 應用食品化學

Higher Diploma Year 2

高級文憑二年級

- English for Academic Purposes II 學術英語 (二)
- English for Nutritional Sciences 營養科學英語
- Practical Chinese⁵ 實用中文⁵
- Food Chemistry 食品化學
- Food Safety and Management 食品安全及管理
- Food Marketing 食品市場學
- Diet, Health and Disease 飲食與健康及疾病
- New Food Product Development 創新食品研究及發展
- Functional Foods and Nutritional Products 功能食品與營養產品
- Principles and Practice of Management 應用管理學原理

The College reserves the right to make modifications to individual courses on a need basis.

書院將按實際情況需要，保留修改個別科目之權利。

⁵ Non-Chinese speaking students or students who have not received sufficient training in the Chinese language may apply for exemption from the Chinese course(s), and alternative courses may be assigned.

如學生母語並非華語，或未達校方認可的中文水平，可申請免修中文科目，校方會指派其他科目代替。

PROGRESSION PATHS

升學前景

Overall Progression Rate in 2024: **75%**[#]
2024年總升學率：

Among those who chose further studies, admitted to local degree programmes **100%**[#]
當中升讀本地學士學位課程比率：

UGC-funded Universities

Graduates are eligible to apply for admission to Bachelor's degree programmes in Health Education, Public Health, Community Health, Business Management or other related disciplines offered by local universities (including HKU). The list below shows the local degree offers that our graduates/students received in the past*:

教資會資助大學

畢業生可升讀由本地大學(包括香港大學)開辦的健康教育、公共衛生、社區健康、商業管理或相關的學士學位課程。以下為本課程畢業生/學生曾獲取錄的本地學位課程*：

The University of Hong Kong

BSc Information Management

The Chinese University of Hong Kong

BSc Community Health Practice
BSc Public Health

The Hong Kong Polytechnic University

BA (Hons) Applied Ageing Studies and Service Management
BBA (Hons) Management

City University of Hong Kong

BBA Business Operations Management
BSocSc Public Policy and Politics
Department of Information Systems
(options: BBA Global Business Systems Management, BBA Information Management)

Hong Kong Baptist University

BSc (Hons) Analytical and Testing Sciences

The Education University of Hong Kong

Bachelor of Health Education (Hons)

*The above list is not exhaustive and only shows some of the examples.

以上列表只提供部分升學例子以作參考。

[#]Source: 2024 Graduate Survey
資料來源：2024 畢業生升學調查

Graduates are also eligible to apply for the below degree programmes offered by other institutions:

畢業生亦可升讀以下其他院校的學士學位課程：

Overseas Universities 海外大學

- Sheffield Hallam University (UK)
 - Full-time, final year, BSc (Hons) Food and Nutrition
- Ulster University (UK)
 - Full-time, final year, BSc (Hons) Food and Nutrition

STUDENT SHARING

學生分享



Sharon Yip 葉丹桂

Admitted to BSc Community Health Practice,
The Chinese University of Hong Kong
(2-year programme)
升讀香港中文大學社區健康理學士(兩年制課程)

「老師們悉心教導學生，課程內容涵蓋大量有關食品的知識，切合學生需要，使課程不會過於籠統。最後，希望大家相信自己，不要因功課而窒礙自己發展。」



Juno Chan 陳鈴

Admitted to Department of Information Systems
(options: BBA Global Business Systems Management,
BBA Information Management),
City University of Hong Kong
升讀香港城市大學資訊系統學系 [選項: 工商管理學士(環球商業系統管理)、工商管理學士(資訊管理)]



Angus Law 羅安宜

Admitted to BSc Community Health Practice,
The Chinese University of Hong Kong
(2-year programme)
升讀香港中文大學社區健康理學士(兩年制課程)

Other degree offers received:

- BSc Information Management,
The University of Hong Kong (2-year programme)
- BBA Business Operations Management,
City University of Hong Kong (Senior year entry)

其他獲取錄的學位課程：

- 香港大學理學士(資訊管理)(兩年制課程)
- 香港城市大學工商管理學士(商業營運管理)(高年級入學)

「課程擴闊了我的視野，除了加深了我對食品和其業務的認識，亦幫助我去計劃未來的升學和就業。希望我的經驗可以啟發同學一起努力，追求自己的夢想。」



Harrison Chu 朱柏豪

Admitted to BSc Information Management,
The University of Hong Kong
(2-year programme)
升讀香港大學理學士(資訊管理)(兩年制課程)

Other degree offers received:

- BSocSc Public Policy and Politics,
City University of Hong Kong (Senior year entry)
- BBA Business Operations Management,
City University of Hong Kong (Senior year entry)
- BA (Hons) Applied Ageing Studies and Service Management,
The Hong Kong Polytechnic University (2-year programme)

其他獲取錄的學位課程：

- 香港城市大學社會科學學士(公共政策與政治)(高年級入學)
- 香港城市大學工商管理學士(商業營運管理)(高年級入學)
- 香港理工大學應用老年學及服務管理(榮譽)文學士
(兩年制課程)



Kwok Wing Ian 郭詠欣

Admitted to BSc Community Health Practice,
The Chinese University of Hong Kong (2-year programme)
升讀香港中文大學社區健康理學士(兩年制課程)

Other degree offer received:

- BA (Honours) Applied Ageing Studies and Service Management,
The Hong Kong Polytechnic University (2-year programme)

其他獲取錄的學位課程：

- 香港理工大學應用老年學及服務管理(榮譽)文學士學位
(兩年制課程)



Carey Yuen 阮嘉蔚

Admitted to BSc (Honours) Food Marketing Management,
Sheffield Hallam University
升讀雪菲爾哈倫大學

Other degree offers received:

- Bachelor of Health Education (Honours),
The Education University of Hong Kong
- BA (Honours) Business Administration and Management,
offered locally by CityU SCOPE in collaboration with De
Montfort University (UK)

其他獲取錄的學位課程：

- 香港教育大學健康教育榮譽學士
- 香港城市大學專業進修學院與英國De Montfort University
於本港合辦的商業行政及管理榮譽文學士



MINIMUM ENTRY REQUIREMENTS

最低入學資格

- Obtain Level 2 or above in 5 subjects*⁹ including English Language and Chinese Language* in the HKDSE Examination; OR 香港中學文憑考試其中五科*⁹(包括英國語文及中國語文*)考獲第二級或以上成績；或
- Hold a recognised Diploma in Foundation Studies Programme; OR 完成基礎專上教育文憑課程；或
- Hold a Diploma of Applied Education / Diploma Yi Jin; OR 完成應用教育文憑 / 毅進文憑課程；或
- Equivalent qualifications will be considered by the College. 書院亦會考慮同等學歷之申請。

Applicants who do not meet the entry requirements of the 2-year Higher Diploma programme should apply for admission to the Diploma in Foundation Studies (DFS).

如申請人未能符合兩年制高級文憑課程入學資格，可申請入讀基礎專上教育文憑課程。

Recognition of Prior Learning (RPL)

過往資歷認可(RPL)

- Relevant and substantial work experience and/or prior qualifications obtained in or outside Hong Kong (e.g. assessed through recognition of prior learning and credit accumulation and transfer), with demonstrated ability to undertake sub-degree education, will be considered by the College.

申請人如在本港或境外取得豐富的相關工作經驗及/或資歷(例如經「過往資歷認可」及學分累積及轉移機制作評估)，並有能力接受副學位教育，書院亦會考慮其申請。



Mature Students

成人學生

- Applicants who do not possess the above academic qualifications, but are aged 21 or above and with relevant work experience will be considered by the College.

申請人如未能符合最低入學資格，但年滿二十一歲並具相關工作經驗，書院亦會考慮其申請。



* Applicants are allowed to use not more than 2 Applied Learning (ApL) subjects in the application. The recognition of the ApL subjects is as follows: "Attained with Distinction (II)" is deemed equivalent to Level 4 or above; "Attained with Distinction (I)" is deemed equivalent to Level 3; and "Attained" is deemed equivalent to Level 2 in the HKDSE Examination.

可包括不多於兩科應用學習科目：

「達標並表現優異 (II)」相等於香港中學文憑考試第四級或以上的成績；

「達標並表現優異 (I)」相等於香港中學文憑考試第三級；及

「達標」相等於香港中學文憑考試第二級。

⁹ ApL Chinese (for non-Chinese speaking students) would be accepted as an alternative Chinese Language qualification.

非華語學生申請入學時，如只有「應用學習中文」成績，亦獲書院接納。

⁵ If one of the five HKDSE subjects is Citizenship and Social Development, the requirement will be "Attained" for the subject.

如該五科的其中一科為「公民與社會發展」，其要求則是在該科取得「達標」成績。

TUITION FEE

學費

The tuition fees for newly admitted students in the academic year 2025-26 are as follows: 2025-26年度入學新生的學費如下：

Programme 課程	Tuition Fee for Local Students Per Year (HK\$) 本地生之每年學費（港幣）	Tuition Fee for Non-Local Students Per Year (HK\$) 非本地生之每年學費（港幣）
Higher Diploma in Food Health and Business Management 食品健康及商業管理學高級文憑	22,870*	63,600

Tuition fees will be paid in 2 equal instalments annually and subject to annual revision. 學費每年將分兩期繳交，書院每年會因應情況調整學費。

*In the academic year of 2025-26, the programme is subsidised by the government under the Study Subsidy Scheme for Designated Professions/Sectors (SSSDP). Local students enrolled in the programme will receive a subsidy up to HK\$40,730 per year.

本課程於2025-26學年納入為「指定專業/界別課程資助計劃」之指定課程。獲取錄的本地學生每年可獲最高港幣40,730元的資助。

OTHER SCHOLARSHIPS, BURSARIES AND SPONSORSHIPS

其他獎學金、助學金及計劃贊助

With the generosity of the Directors of Po Leung Kuk et al, numerous scholarships, bursaries and sponsorships are established as an encouragement to students who have excelled in their studies or made significant contributions in serving fellow students or the community.

為鼓勵同學爭取更佳成績，並積極貢獻社區、服務同學，書院設立多項獎學金、助學金及計劃贊助，蒙各界人士或公司慷慨捐贈，包括：保良局董事會成員、社會賢達，以及其他團體。

SCHOLARSHIPS FOR NEWLY-ADMITTED STUDENTS

新生入學獎學金

The College has established scholarships for applicants with outstanding results in the current HKDSE. The applicant could be awarded the scholarship upon successful admission to the College. Awardees may receive a maximum of a full first-year scholarship.

書院設立新生入學獎學金，給予在應屆香港中學文憑考試中考獲優良成績的申請者。同學若成功入讀由書院開辦之課程，有機會獲頒獎學金。成功被甄選的同學最高可豁免首年學費。

FINANCIAL ASSISTANCE

學費資助



Government Grants and Loans:

政府資助：

- Financial Assistance Scheme for Post-secondary Students (FASP)
專上學生資助計劃
- Non-means-tested Loan Scheme for Post-secondary Students (NLSPS)
專上學生免入息審查貸款計劃

HKU SPACE Po Leung Kuk Stanley Ho Community College 港大保良何鴻燊社區書院

66 Leighton Road, Causeway Bay, Hong Kong

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The College issues this programme leaflet as a general guide only, and not as a contract. The College reserves the right to amend information published in this leaflet, as necessary. 本課程簡介只供參考，並無法律約束力，書院保留可隨時修改內容之權利，毋須另行通知。

(Apr 2025)